

## Annotated bibliography

Chan, Garrett K, et al. "The Impact of COVID-19 on the Nursing Workforce: A National Overview." *OJIN*, 31 May 2021, [ojin.nursingworld.org/table-of-contents/volume-26-2021/number-2-may-2021/the-impact-of-covid-19-on-the-nursing-workforce/#:~:text=Nurses%20are%20leaving%20their%20positions,surges%20\(Fortier%2C%202020\).&text=From%20approximately%20March%20through%20October,or%20were%20cut%20all%20together.](https://ojin.nursingworld.org/table-of-contents/volume-26-2021/number-2-may-2021/the-impact-of-covid-19-on-the-nursing-workforce/#:~:text=Nurses%20are%20leaving%20their%20positions,surges%20(Fortier%2C%202020).&text=From%20approximately%20March%20through%20October,or%20were%20cut%20all%20together.)

This source provided me with information about how the nurses were being treated throughout the entirety of the pandemic. It gave a rundown of everything that was going wrong and needed improvement. It gave me a lot of details about new nurses and students taking gap years so they wouldn't have to be nursing during the pandemic. This source talked about the inadequate PPE nurses were given or lack thereof. There was a lot of information about nurses' mental health after constantly being around sick patients without knowing if they were protected from the virus. I learned that there is a 128 page online tribute to all of the fallen nurses due to COVID-19.

Weise, Karen. "Featured Insights: To Protect Their Families from COVID-19, Doctors and Nurses Are Taking Extraordinary Measures." *To Protect Their Families from COVID-19, Doctors and Nurses Are Taking Extraordinary Measures*, 18 Mar. 2020, [www.advisory.com/daily-briefing/2020/03/18/doctor-fears.](https://www.advisory.com/daily-briefing/2020/03/18/doctor-fears.)

I found this article helpful because it gave me data on covid deaths and covid deaths at the very beginning of the pandemic. I learned that nurses were being forced to use one disposable mask for a 12 hour shift and having to reuse that mask for multiple shifts. They were wiping them down multiple times a shift. The disposable masks were being treated like they were reusable, even though they became less efficient the more they were used. I also got a lot of information about the precautions Nurses were taking before they went inside their homes. Many would either not stay at home or they would strip from their dirty hospital scrubs and shower immediately upon entering their homes.

Martínez, A, and Selena Simmons-Duffin. "Isolation Rule Changes Are the Latest Case of the CDC's Problems with Messaging." *NPR*, 6 Jan. 2022, [www.npr.org/2022/01/06/1070849364/isolation-rule-changes-are-the-latest-case-of-the-cdcs-problems-with-messagin.](https://www.npr.org/2022/01/06/1070849364/isolation-rule-changes-are-the-latest-case-of-the-cdcs-problems-with-messagin.)

I found this source useful because it gave insight as to how frantic the CDC reports were and it gave quite a lot of information on how the CDC would give bi-weekly updates that had very little

research behind them and sounded like complete nonsense. Specifically Nurses and other healthcare workers became very frustrated with the reports because the hospitals would have to change to adapt to each guideline the CDC was setting. When the updates came out about testing, they gave very little information about when you should test, if you should test at all and how often you should test. They wouldn't answer any of the important questions in the updates.

Rucinska, Monika, and Sergiusz Nawrocki. "Covid-19 Pandemic: Impact on Cancer Patients." *International Journal of Environmental Research and Public Health*, 30 Sept. 2022, [www.ncbi.nlm.nih.gov/pmc/articles/PMC9564768/#:~:text=Decreased%20new%20cancer%20diagnoses%20were,diagnosed%20at%20more%20advanced%20stage](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9564768/#:~:text=Decreased%20new%20cancer%20diagnoses%20were,diagnosed%20at%20more%20advanced%20stage).

I selected this source because I thought it was important to also give information on the fact that everything Non-emergent was put on hold for the time being. This meant that Surgeries, Anything non-death inducent, specifically the new diagnosis of cancer was put on hold. I learned that If the patients with early symptoms of cancer got treated early on, they could have caught it before it spread. Since the majority of patients were delayed getting care, the cancer began to spread and many patients died from something that could have been prevented. This source gave me specific percentages about how many people were left undiagnosed until it was too late.

Guttormson, Jill L, et al. "Critical Care Nurse Burnout, Moral Distress, and Mental Health during the COVID-19 Pandemic: A United States Survey." *Heart & Lung: The Journal of Critical Care*, 29 Apr. 2022, [www.ncbi.nlm.nih.gov/pmc/articles/PMC9050623/](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9050623/).

This source provided me with a lot of information on Nurses and their declining mental health. They talked about a survey that was taken by 488 Nurses. In this survey, many reported suffering from PTSD. Nurses were having depressive episodes and were suffering from high anxiety levels. While these nurses were looking out for patients, there was nobody looking out for the nurses and other healthcare professionals. The hospital higher-ups and administrators who were supposed to be making decisions to keep their staff safe, were making money influenced decisions and paid no attention to the declining mental health of their staff.

Brockmeier, Erica K. "Researchers, Schools Answer the Call for Personal Protective Equipment and Critical Supplies." *Penn Today*, 30 Mar. 2020, [penntoday.upenn.edu/news/researchers-schools-answer-call-personal-protective-equipment-and-critical-supplies](https://penntoday.upenn.edu/news/researchers-schools-answer-call-personal-protective-equipment-and-critical-supplies).

I chose to include this source because it gave a good insight about how important teamwork was during the pandemic. Without it, there would not have been enough resources gathered for

nurses to safely do their jobs, or as safe as they could have made it. I learned that since the research labs were closing for the pandemic, they would donate any resources that they had including Personal Protective Equipment, spare respirators, ventilators & any extra masks. People were donating other supplies from their personal stash so that the Nurses could be protected.

Walker, Kayla, and Dana. "Questions about Nursing." 17 May 2023.

Using an interview as a source, I was able to get a primary source from someone who was working in the hospital during Covid-19. Instead of interviewing 3 nurses, I interviewed 2 nurses and a hospital administrator. She was one of the good administrators who was trying to keep her staff as safe as possible. She was learning as much as possible so that she could relay that information of anyone who wanted to know more about the pandemic. It was her way of taking control of something she had no control over.

Walker, Kayla, and Kristin Klein. "Questions about Nursing during COVID-19." 18 May 2023.

I decided to interview my mom as a source because she was one of the main reasons I chose this capstone. After seeing how the pandemic affected her, I'm sure she wasn't the only one who was suffering from depression and elevated anxiety due to the pandemic. I wanted to interview her so that I could get a deeper understanding as to how it affected her. I wanted to give her a chance to tell her story and many other nurses' stories. She was a prime example of someone who used to love her job but now thinks negatively about it because she was burnt out and overworked.

Walker, Kayla, and Seth. "Questions about Nursing during Covid-19." 19 May 2023.

I chose this resource for two reasons. The first reason was because I wanted to get to know my mom's friend a little better. The second reason was because I also wanted to give him a chance to talk about his experience in the hospital during the pandemic. So many nurses were silenced and labeled as heroes while non healthcare professionals didn't know how the pandemic negatively impacted Hospital staff. They were seeing the worst of the worst but it was barely being recognized and to how bad it really was. I learned a lot about the decisions that administrators made and how it would negatively affect staff members.