## What Goes Around Comes Back Around

"Karma's a bitch" I would get told all the time when I did something that was just not acceptable. I never exactly knew what people when they said "karma". I just used to laugh at it and be like "yeah yeah we'll see". I'm still not going to sit here and say I believe in karma, but I do believe what goes around comes back around. If you are good to others, good things will happen to you, if you are bad to others bad things are bound to happen to you. When I say bad, I don't mean you will get ran over by a car, or you will get shot; but maybe you'll lose something that meant a lot to you or you get grounded for no reason. That is why I always abide by these reasons "treat others how you want to be treated". This I believe.

I've always witnessed bad things happening to other people who I thought were good people. I always wanted to know why good people always got hurt the most, but the people I always thought were "good" weren't as good as I thought. The older I got, the more I realized that some people deserved the things that happened to them. I was never the type to wish bad things on other people and to this day I don't do that; but too many people get away with with terrible things. I believe their day is yet to come.

Getting teased in my younger years was something that I went through on a daily. There was never a day that I wasn't reminded of how big my teeth were or how nappy my hair was. It was always the same group of girls who would tease me about that and I've always wondered why. What did I ever do to be humiliated in such a way. About a year later, the girl who always teased me about my insecurities would always get in trouble by the teachers, and eventually got suspended and expelled from school for messing with other people. I even went through a situation where I treated a girl who did absolutely nothing to me so horribly. I felt like she was a weaker link and I was more powerful so I took advantage of that, I realized that I was losing

myself and I started to have my own struggles in life and conflicts with myself. I came to the conclusion that once I started to treat people better, that's when better things will happen and come my way. I did such that and I lived more positively.

As years went on, and as I continue to grow and experience the world around me each day I would believe this thing "what goes around comes back around" more and more everyday. What I witnessed throughout my life, things I go through myself I just believe whatever energy you put out there will be the energy you will receive in return whether it happens the next day or the next year. This is what I believe.